

Biography
Professor Dr. Ching Siew Mooi

MD (UNIMAS), MMed (Family Medicine)

Abstract:

The abstract discusses the issue of non-adherence in hypertension patients, who often struggle to stick to treatment plans. This leads to worse outcomes and higher healthcare burdens. The abstract emphasizes the various factors contributing to non-adherence, including patient beliefs, socioeconomic issues, and healthcare system limitations. It calls for tailored strategies involving education, technology, and collaboration between healthcare providers and patients to improve adherence and patient outcomes.

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Professor Siew Mooi is a Professor of Family Medicine Department and a Consultant Clinical Specialist at the Universiti Putra Malaysia (Malaysia). Her research interests are hypertension, stroke, gestational diabetes, addiction and complementary alternative medicine. She has over 131 publications with scopus h-index of 24 and has been involved in many research projects, grants and awards at national and international levels. She has multiple joint publications with collaborators from Asia, Europe, and the UK. She is the committee member of the International Society of Hypertension under division women and hypertension and Hypertension core group of The Indian Association for Parenteral and Enteral Nutrition. She is listed as one of the top 2% Scientists in the World based on Stanford Report 2021 and 2022 (Career-Long Citation Impact Until End – 2020).